

Frost Meccia Duo Bio

Saxophonist and vocalist Lauren Meccia and bassist Mike Frost make the perfect combination for the Frost-Meccia Duo.

For more intimate events, this vocal-instrumental duo creates an atmosphere of class and charm. Mike Frost strums the six-string bass like a guitar along with Lauren Meccia's melodic interpretations. Performing the Great American Songbook as well as more modern hits, their delicate approach to well-known favorites creates a fresh and enjoyable musical experience.

If you love their style, but are looking for a full band, check out the [Mike Frost Band](#).